

NOCELLARA OLIVES ^(VV,GF) 4.95

WARM ROSEMARY FOCACCIA ^(VV)

Balsamic & herb oil 4.95

LOADED HUMMUS ^(VV)

Pomegranate, roasted sunflower & pumpkin seeds, smoked paprika, toasted flatbread 6.50

Add feta for 1.50

HOISIN MUSHROOM BAO BUNS ^(VV)

Pickled onions & toasted sesame seeds 7.95

SALT & PEPPER BUTTERMILK FRIED CHICKEN ^(GF)

Salt & pepper sauté onions & peppers 7.95

SPINACH, FETA, RED ONION & CHICKPEA FILO PARCELS ^(V)

Tomato salsa & pomegranate molasses 8.95

MINI CHORIZO

Cooked in butter, sherry & honey, served with focaccia 8.75

LAMB KOFTA

Served in a rich tomato sauce, Tzatziki & warm flat bread 8.95

KING PRAWNS IN GARLIC, GINGER & CHILLI BUTTER

Toasted focaccia 8.75

CRISPY FRIED SQUID ^(GF)

Thai vegetable & wild rice salad, soy & chilli dressing 8.95

HAND CUT CHIPS ^(VV,GF)

Ginger ketchup 4.95

Add truffle & parmesan 1.50

SKINNY FRIES ^(VV,GF)

Ginger ketchup 4.50

sharing.

GREEK MEZZE ^(V)

Spinach, feta, red onion & chickpea filo parcels, hummus, tzatziki, olives, falafel, Greek salad, toasted breads 19.95

FISH PLATTER

Haddock goujons with tartar sauce, crisp fried squid, ginger & chilli king prawns, smoked salmon, crispy capers, aioli, toasted focaccia 22.50

soups, salads + sandwiches.

WARMING HOMEMADE SOUPS

Please ask your server for today's soup - All soups are served with fresh focaccia 5.95

SANDWICHES - SERVED UNTIL 5PM

MOROCCAN SPICED CHICKEN | Harissa mayonnaise, tomato, baby leaf on our wholegrain bread 7.95

CLASSIC BLT | Smoked bacon, lettuce, tomato & mayonnaise served on our wholegrain bread 7.95

ROAST GAMMON HAM | Mayonnaise, gem lettuce, tomato on our wholegrain bread 7.95

WARM SPICED FALAFEL ^(VV) | Tahini sauce, sliced avocado, gem lettuce on sourdough 8.25

Add hand cut chips or fries 3.25.

Gluten Free bread available

Add soup to any sandwich for for an extra 3.95

SALADS

MEDITERRANEAN SUNSHINE BOWL ^(V)

Crispy falafel & grilled halloumi, herby tabbouleh, rocket, carrot, red cabbage, pickled sweetcorn, jalapeños and guacamole 13.95

ROASTED SWEET POTATO & FETA SALAD ^(V,N,GF)

Roasted sweet potato, crumbled feta, roasted peppers, mixed leaves, cashew nuts, hazelnut & orange dressing 12.95

GREEK SALAD ^(V,GF)

Traditional Greek salad with sliced cucumber, tomato, red onion, olives, feta, fresh mint, lemon oregano dressing 11.95

Add to any salad: Chicken 3.50, pan fried salmon 4.50, halloumi 3.50

V: VEGETARIAN / VV: VEGAN / GF: GLUTEN FREE / N: CONTAINS NUTS

We cannot guarantee the absence of allergens in any of our food. Vegan and gluten free bread is available on request. Staff keep 100% of all tips received, thank you.

burgers + flatbreads.

LEAF 100% GROUND BEEF BURGER

Toasted brioche bun, mature cheddar cheese, lettuce, sliced tomato, house relish **14.95**

SALT & PEPPER BUTTERMILK FRIED CHICKEN BURGER

Toasted brioche bun, salt & pepper sauté onions & peppers, chipotle mayonnaise **14.95**

All burgers served with skinny fries.

Upgrade to hand cut chips for 50p

OPEN MOROCCAN SPICED CHICKEN FLATBREAD

Tabbouleh, pomegranate, mint, mixed roast vegetables & harissa mayonnaise **14.50**

LAMB KOFTA FLATBREAD

Tabbouleh, mixed roast vegetables, pomegranate & coriander served with tzatziki **14.95**

OPEN FALAFEL & GRILLED HALLOUMI FLATBREAD ^(V)

Tabbouleh, pomegranate, fresh mint, roasted vegetables, tahini & herb mayonnaise **14.95**

ROASTED CUMIN AUBERGINE FLATBREAD ^(VV)

Tabbouleh, roast aubergine, roast butternut squash, peppers, chickpeas, dates, red onion, cumin, lemon zest, tahini mayo **13.95**

Add to any flatbread: Chicken 3.50, falafel 3.50, hummus 3.50

Add skinny fries or hand cut chips to any flatbread for 3.25

pasta

SPICY PRAWN LINGUINE | Chilli, ginger & garlic oil, rocket, confit tomatoes, white wine sauce **16.95**

LAMB BOLOGNESE PAPPARDELLE | Parmigiano Reggiano, grilled roasted garlic oil sourdough **15.95**

RIGATONI AMATRICIANA | Rich creamy tomato & chilli sauce, smoked bacon crumb, Parmigiano Reggiano **14.95**

PUMPKIN & SAGE TORTELLINI ^(VV) | Roast squash, sage & fig leaf oil, vegan parmesan **14.95**

mains.

PAN FRIED CHICKEN THIGH ^(GF) | Bubble & squeak, creamed cabbage, bacon & crispy shallot crumb, honey mustard dressing **16.95**

BEEF BOURGUIGNON | Crushed chive potatoes, buttered greens **18.75**

PAN FRIED FILLET OF SEA BASS ^(GF) | Warm salad of peas, kale, pesto + potatoes **17.50**

LARGE CRISPY FRIED SQUID ^(GF) | Thai vegetable & wild rice salad, soy & chilli dressing **14.95**

GREAT NORTHERN PIE COMPANY PIE | Ask for today's selection, mixed greens, hand cut chips and gravy **14.95**

CREAMY GOAN VEGETABLE CURRY ^(VV,GF) | Jasmine rice, poppadoms **14.95**

Add chicken 3.50, Add pan fried salmon 4.50, Add seitan bites ^(VV) 3.50

SEITAN SHAWARMA KEBAB ^(VV) | Homemade spiced seitan shawarma, pickled red onion, salad, garlic tahini, griddled flatbread with skinny fries **14.95**

DAILY SPECIALS | Ask your server for today's choice.

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